



IFF ANTI-DOPING MANUAL

General

During the IFF Events (WFC, U19 WFC, EFC and Qualifications) there will be doping control carried out. Those players who use medications that fall under the **Prohibited List** must fill in the **Therapeutic Use Exemption form** with their physicians or the **Declaration of Use form** and submit them to the **IFF Head Office at least 21 days before the event.**

Information about Therapeutic Use Exemption (TUE) and Declaration of Use (DOU) Process

Floorball players, like other athletes, may have illnesses or conditions that require them to take particular medications. If the medication an athlete is required to take to treat an illness or condition happens to fall under the Prohibited List, a **Therapeutic Use Exemption** or **Declaration of Use** may give that athlete the authorization to take the needed medicine.

All international level players (players in the IFF Testing pool) or players entering in an international IFF event (EuroFloorball Cup, WFC, U19 WFC and Qualifications) must fill the **TUE or DOU Form and submit the Application to the IFF**, which is responsible for accepting applications and granting the certificates. **All Applications need to be in English.**

What is the difference between **Therapeutic Use Exemption** and **Declaration of Use**?

Therapeutic Use Exemption (TUE)	Declaration of Use (DOU)
<p>For any treatment involving a substance or method on the Prohibited List.</p> <p>The use of Beta-2 Agonists (including inhaled formoterol, salbutamol, salmeterol and terbutaline) require a TUE for IFF Registered Testing Pool (RTP) players.</p> <p>TUE is also recommended for all other players using Beta-2 Agonists before entering IFF events.</p>	<p>Only for</p> <p>A) glucocorticosteroids by intra-articular, periarticular, peritendinous, epidural, intradermal and inhalation routes (includes cortisone injections and inhaled asthma medication with cortisone)</p> <p>B) inhaled Beta-2 agonists (formoterol, salbutamol, salmeterol, terbutaline) only for athletes with the possibility to apply for Retroactive TUE (not IFF Registered Testing Pool players)</p>
<p>Using the TUE Form (download from www.floorball.org)</p>	<p>Using the DOU Form (download from www.floorball.org)</p>

Address

Alakiventie 2,
FI-00920 Helsinki,
Finland

Phone

+358-9 454 214 25

Fax

+358-9 454 214 50

E-mail

office@floorball.org

Web-site

www.floorball.org

Bank

Credit Suisse, CH-8700 Küsnacht
Account No. 4818-559200-11
Swift Code: CRESCHZ87B
IBAN: CH13 0481 8055 9200 1100 0



INTERNATIONAL FLOORBALL FEDERATION (IFF)

Ordinary member of AGFIS/GAISF

<p><u>Medical evidence that needs to be attached:</u></p> <ol style="list-style-type: none"> 1) A complete medical history 2) The results of all examinations 3) Laboratory investigations and/or the imaging studies <p><u>Minimum medical evidence for inhaled Beta-2 agonists:</u></p> <ol style="list-style-type: none"> 1) A complete medical history 2) A comprehensive report of the clinical examinations with specific focus on the respiratory system 3) A report of spirometry with the measure of the Forced Expiratory Volume in 1 second (FEV1) 4) If airway obstruction is present, the spirometry will be repeated after inhalation of a short acting Beta-2 agonist to demonstrate the reversibility of bronchoconstriction 5) In the absence of reversible airway obstruction, a bronchial provocation test is required to establish the presence of airway-hyper responsiveness 	<p>A) For Glucocorticosteroids no need to attach medical evidence</p> <p>B) For Beta-2 agonists the athlete must have the medical evidence documents for asthma (see Asthma TUE requirements) available. If requested, the documents need to be sent to IFF.</p>
<p>Must be filled out by the personal physician of the athlete</p>	<p>The athlete can fill out the form by himself/herself</p>
<p>Will be reviewed by the IFF Medical Committee.</p>	<p>Will be taken into consideration in case of AAF (Adverse Analytical Finding)</p>
<p>If approved, athlete can begin treatment only after receiving the authorization notice from the IFF (except in rare cases of an acute life threatening condition for which a retroactive approval may be considered).</p>	<p>Athlete can begin treatment as soon as the form is sent to the IFF.</p>

The process for a player to apply for TUE or DOU is fairly simple. Each player must:

1) Download the right Form, the Therapeutic Use Exemption Form or Declaration of Use Form. (These forms are also found on www.floorball.org under Materials and Anti-doping)

2a) For TUE form have his or her physician to fill out the TUE Application form and attach the copies of all needed medical evidence (see table above) and then forward it all to the IFF.

2b) For DOU athlete to fill in the DOU Application Form and forward it to the IFF.

The new International Standards for Therapeutic Use Exemptions (TUEs) (valid from 1st of January 2009) include changes concerning TUEs for asthma. There will no longer be any Abbreviated TUEs (ATUEs). The "old" already approved ATUEs delivered prior to December 31st 2008, **will expire latest December 31st 2009.**

Address

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FI-00920 Helsinki,
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Phone

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