

**WADA IF's Symposium, CHUV, Lausanne, Switzerland, April 13th – 14th, 2010**

**Participants:** Merita Bruun and John Liljelund IFF

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**Report on present issues**

**Opening: David Howman, WADA Director General**

- Review group of Registered Testing Pool in May
- Educational Programs: IIFH – Say no to Doping in World Championships, also the FIFA campaign in balls.
- Code review in 2012, 4<sup>th</sup> World Conference in November 2013, revised Code coming into force in 2015
- ADAMS: Modifications to be made soon

**Summary of the most interesting topics during the Symposium:**

- 1) **Anti-Doping Norway** – Formulating a Risk Evaluation for Effective Test Distribution Planning, Mads Drange, Research and Science Advisor

**Sport characteristics & Performance enhancing possibilities:**

VO2 max/muscular endurance, Force-generating capacity, Ball and team sports (skill sports), Fight sports, Aiming sports, Gymnastic sports.

**Ball and team sports:**

Complex physiological profile – different sports

Both endurance and force generating capacity, technical and tactical aspects

**Potential doping agents:**

- Anabolic agents: AAS, Beta-2 Agonists, Antiestrogens
- Hormones and related substances: EPO, Insulin, Gonatrophins
- Masking agents

**Out of competition testing:**

Focus on injury and recovery related doping, testing for anabolic agents should cover all year due to long term effect of these.

**In competition testing:**

Recovery related doping during championships.

- 2) **ITF (International Tennis Federation)– Devising an Appropriate and Proportionate Registered Testing Pool**, Dr. Stuart Miller, Anti-Doping Manager  
Number of RTP Athletes, Priority on World ranking, Structure of season, Long season – short off season.

**ITF Current RTP includes 150 athletes:**

Players who compete on the highest level according to ranking and other criteria, players serving a period of ineligibility, players returning from retirement who were in the RTP in the time of retirement, 3 months notice for retired players if they wish to continue their career.

**ITF Testing 2009:**

200 OOC tests and 95% on RTP athletes. Estimating 4000 tests on tennis players.

Aims: All RTP players tested 3x/18 months = 2x /12 months.

Communication relevant: In order to get rid of Filing failures, Missed tests problems (telephone call to athletes during 60 minutes time slot). ITF has 3 persons working fulltime on anti-doping and puts 1,5 – 2 million dollars on anti-doping work.

- 3) 4 Rotational Break out session

Discussions with different team sports, many have team sport whereabouts and a small RTP 1 for individual players.

### Report on present issues (cont.)

- 4) WADA – International Standard for Testing – Review of Implementation and lessons learned regarding effectiveness and efficiency  
Stuart Kemp, WADA Testing Manager

Survey on implementation 51 IF submissions (IFF one of them). WADA Working group considers next steps. Meeting in May 2010.

Statistical summary of survey :

- 179.9 average RTP size in Ifs (IFF 14)
- Tests on RTP athletes: 1.1 and during one hour period: 0.6.
- 38% IFs testing RTP athletes less than once a year.
- Missed tests: 8,4. One hour success: 99,9. Filling failures: 6.8.
- 93% ADOs collecting whereabouts in 2009. 71% using ADAMS.
- Team sports: insufficient evidence because not many implemented the IST, difficult to evaluate the effect.

Recommendations:

- Pyramid approach (as IFF) + more tests on RTP athletes recommended
- RTP scope and size should reflect OOC capacity and objectives
- Not such detailed whereabouts in competition period?
- Whether or not aloud to phone the athlete during 60 min time slot?
- Expanded 60 minute time slot (5am-23pm)?
- Broader consultation period?

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### Upcoming meetings and issues

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### Issues that need to be discussed or decided upon or taken action upon

There was a discussion with IIHF, WADA and the Finnish Anti-Doping Agency to organise a “Doping Free Floorball” campaign during the WFC 2010 with a “Doping Free Floorball” balls presented. There could be a stand with Anti-Doping education, Anti-doping Quizz, Flyers, Screen and e.g. “Fastest Doping Free shot” activity area.

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### New ideas, etc...