### **Appendix 16**

## IFF Medical Committee Meeting, Geneva, Switzerland, April 21st, 2009

#### **Participants:**

Dr. Walter Frey,
Dr. Lars Erik Bartels,
Dr. Thor Halse,
Dr. Tiina Nylander,
Dr. Patricia Wallace
Merita Bruun,
IFF Medical Committee member
IFF Medical Committee vice chair
IFF Medical Committee member
IFF Medical Committee member
IFF Anti Doping Administrator

John Liljelund, IFF general secretary

# Report on present issues

#### 1. Opening

Dr. Frey opened the meeting at 17.15 at the Altitude Restaurant at the Geneva Airport and welcomed all members to the meeting.

#### 2. Presentation of new Medical Committee members

Dr. Patricia Wallace made a short introduction of herself as the newly elected member to the IFF Medical Committee. Dr. Wallace is also acting as the Anti-Doping Officer of the Roller Sport Federation (FIRS)

#### 3. Short report of actions taken after the last held meeting

- Ms. Bruun made a short recap of the activities taken in the anti-doping work and for the medical committee since the last medical committee meeting held in October 2008. Changes in TUE Standards:
  - Informing the MAs and information on the web concerning the changes in TUE standards
  - Information to all athletes with existing ATUEs of the expiry date of the ATUEs latest 31.12.2009.

#### Whereabouts Program:

- Contacts with FIBA, NADOs, IIHF and UEFA about their Whereabouts programs
- Establishing the IFF Registered Testing Pool 1 by asking for nominations from the top 4 MAs
- Information to MAs NADOs and Web information about the new IFF Testing Pool system
- Implementing the IFF Whereabouts program with Athletes Adams trainings
- Updating the IFF RTP 2 for teams

#### Other:

- During the IFF and WADA meeting held in Denver in the GAISF Sport Accord March 25<sup>th</sup> Mr. Simonelli and Mr. Fairweather informed that the IFF A-D program is in full compliance with the WADA Code.
- The WADA still stressed the importance of continuous increase in the amount of Out of Competition (OOC) tests to be conducted within Floorball.

#### 4. Short report on the WADA Symposium

Ms. Bruun gave a short report about the WADA Symposium held in Lausanne on the 21.-22.4. covering the present issues in anti-doping work.

Report on present issues (cont.)

#### 5. Report of Doping tests in 2008

- A total of 671 doping tests has been conducted in Floorball in 2008, out of which there are 92 tests in IFF events (2 EFC's in 2008)
  - $\circ$  WFC (27 + 1 follow up)
  - o C-WFC (8)
  - o U19 WFC (11)
  - o EFC 07-08 (16)
  - o EFC 08 (16)
  - o WUC (13)
  - o 10 OOC tests (8 in RTP)
- Top countries in amount of tests: SWE (270), FIN (85), GER (66), NOR (48), SUI (38), CZE (19), JPN (18)

#### 2008 Results:

- 1 ADRV, 3 months ineligibility period for methylephedrine (JPN)
- 1 T/E ratio with follow up test (attachment) (NOR)
- 1 Finasteride (closed to valid TUE) (SUI)
- 1 Budenoside metabolite (closed to valid TUE) (SUI)
- One T/E ratio pending from 2007 (EC)

#### 2009 Results:

- 1 AAF Salmeterol (BEL) athlete not requested for a retroactive TUE The Medical Committee discussed the problem with member federations which do not act upon the IFF request for re-tests in the case of a high T/E-ratio.
- The Medical Committee was of the opinion that the Member Federations shall conduct the re-tests in accordance with the IFF Anti-Doping Regulation
- The Medical committee was of the opinion that the Member Federations which are not following the IFF regulation shall be sanctioned, in accordance with the IFF Anti-Doping Regulations.

#### 6. New IFF Anti-doping web pages

Ms. Bruun made a short introduction of the IFF Anti-doping web pages.

- Under Anti-doping Rules and Regulations: the IFF Anti-Doping Regulations 2009, IFF Events Anti-Doping Manual 2009, WADA's Prohibited List 2009, WADA's International Standard for Therapeutic Use Exemptions 2009 and WADA's International Standard for Testing
- Under IFF Medical Committee : the tasks and contacts of the IFF Medical Committee members.
- Under Therapeutic Use Exemptions : Information about Therapeutic Use Exemption (TUE) and Declaration of Use (DOU) Process.
- Under IFF Testing Pools: information about IFF RTP 1 and IFF RTP 2 and the Whereabouts Requirements for the Testing Pools.
- Under Doping Control: the Doping Control Leaflet, the Athlete Guide and the Doping Control Video.
- Under IFF Test Statistics: the statistics of the Number of Doping Tests conducted in Floorball.
- Under Questions and Answers: the answers to different questions related to the Anti-doping issues such as Q & A on Athletes and Medications, Q & A on the 2009 Prohibited List, Q & A on the International Standard for TUEs 2009 and Other Q & A on WADA web pages

#### 7. Change in the IFF TUE/DOU rules

The Therapeutic Use Exemption Form (TUE) Replacing the previous Standard TUE form with approximately the same information required, but also recommended for those using Beta-2 Agonists although not included in the IFF Registered Testing Pool 1for individual players. The following additions and changes have also been made to the TUE form:

- The note "read the last page Notes" has been included, Sport Nationality is added, in the Medication details part more specific details have been included, e.g. Dose (incl. unit of measure), more options added to Intended Use of Treatment part (daily taken, before exercise), the last pages point 6. Notes more information has been modified concerning the evidence needed to confirm the diagnosis e.g. the minimum medical evidence for inhaled Beta-2 agonists and Note 2. Medication details

Report on present issues (cont.)

#### Change in the IFF TUE/DOU rules (cont.)

The Declaration of Use form (DOU) - (Not for RTP 1 athletes with asthma)

- a) glococorticosteroids by intra-articular, periarticular, peritindenous, epidural, intradermal and inhalation use
- b) inhaled Beta-2 agonists for athletes with possibility for Retroactive TUE (all other except the IFF Testing Pool 1 for individual players, which is not yet established)

  A note has been added under B. For Beta-2 agonists

IFF Events Anti-doping Manual

- This Manual with TUE Instruction is sent to teams before participating in IFF
  Events
- Includes relevant information about TUEs/DOUs and the deadlines for submitting the forms.

#### 8. IFF Testing Pools and Whereabouts in 2009

The IFF Registered Testing Pool 1 is elected from the top 3 countries in Men and Women. These RTP 1 players provide detailed information, on a quarterly basis, about their whereabouts and will be subject to out of competition testing conducted by the IFF.

- The IFF Registered Testing Pool 2 for teams will consist of top 4 national teams, but the RTP 2 players will not have to send in their individual whereabouts to the IFF, but will also be subject to some out of competition testing by the IFF.
- IFF RTP 1 consists **14 athletes** (7+7). The athletes will be chosen by ballot based on a proposal of the national federation every year from the **top three countries** according to the world ranking.
- The National Associations of the top three countries will propose their top 10 players to the IFF and the IFF chooses the players randomly by ballot according to this pattern:
  - 3 players from the Men's reigning World Champion nation
  - 3 players from the Women's reigning World Champion nation
  - 2 players from the Men's 2nd ranked nation
  - 2 players from the Women's 2nd ranked nation
  - 2 players from the Men's 3rd ranked nation
  - 2 players from the Women's 3rd ranked nation

#### RTP 1

These players will submit their individual whereabouts four times a year.

- The calendar year is divided into four quarters (January-March, April-June, July-September, October-December) and before the beginning of each quarter (the 15<sup>th</sup>) the individual whereabouts needs to be submitted and the information needs to be updated when needed.
- Individual whereabouts includes a 60 minutes time slot for every day and the place for residence.
- Only the RTP 1 players are required to send in the Normal TUE for asthma (although we recommend this for all) other athletes can send only the Declaration of Use form for asthma.
- The IFF RTP athletes were sent a registered notification letter with an Adams training kit. The same information was sent by e-mail (with info translated into Finnish, Swedish and German). The athletes have received a personal Adams training by phone and Internet.
- Also the national associations and the NADOs have been informed who the players are and given the permission to see the whereabouts on Adams.
- Two Swiss athletes have informed that they will not continue playing in the national team and they have been replaced. These players must then inform the IFF six (6) months before their next National Team performance and during those six (6) months the player need to be available for doping testing. If the player wants to come back to the National Team level he/she will be automatically included to IFF Registered Testing Pool 1 (IFF RTP 1) and will have to follow IFF RTP 1 whereabouts and can't participate in any international level matches during this time.

# Report on present issues (cont.)

#### IFF RTP2

- IFF RTP 2 consist **top 4** national teams according to the world ranking (Sweden, Finland, Switzerland and Czech Republic).
- There will be 8 teams all together, top 4 Women's teams and top 4 Men's teams. The National Associations of the top 4 countries need to provide to the IFF the detailed information of all national team training camps, matches, tournaments and the players participating these national team activities.
- The National Associations of the top 4 Men's and Women's national teams shall twice every year (1st of September and 31st of January) send a complete list of national team activities for the upcoming period.
- The detailed national team schedule with the national team roster shall also be sent to the IFF office latest 10 days before the start of the national team activity.

#### 9. IFF Test Distribution Plan

In competition testing

- Adults WFC
  - Minimum 1 per team in the group
    - Minimum 2 per team in the Quarter/semi-final
- U19 WFC
  - Minimum 8-10 tests
- EFC Final round
  - Minimum 1 per team in the group
- EFC Qualifications
  - No minimum
- WFC Qualifications
  - Minimum 1 per team
- WUC
  - This is under FISU jurisdiction, but IFF value the event as a U19 WFC
- Out of competition testing
  - Approximately **20** tests per year (RTP 1 + RTP 2)?
  - In the future we need to increase the number of out of competition testing.

### 10. Medical Committee task descriptions

The medical committee discussed the proposal made for the IFF MC task description and agreed to put it forward to the IFF CB.

# Upcoming meetings and issues

- The next Medical Committee meeting could be held during the WFCQ 2010 in February 2010.
- The Office is to prepare a proposal of an administrational sanction fee concerning for late arrived TUE/DOU until the end of June 2009.

Issues that need to be discussed or decided upon or taken action upon  To clarify from WADA how to deal with the medical documents in connection with the DOU's

New ideas, etc...