

### IFF Medical Committee Meeting, Zurich, October 8<sup>th</sup>, 2008

<b>Participants:</b>	Dr. Walter Frey,	IFF Medical Committee chairman
	Dr. Lars Erik Bartels,	IFF Medical Committee member
	Dr. Tiina Nylander,	IFF Medical Committee member
	Merita Bruun,	IFF Anti Doping Administrator
	John Liljelund,	IFF General Secretary

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#### **Report on present issues**

##### **1. Opening**

Dr. Frey opened the meeting at 11.15 at the Movemed Office in Zurich. He welcomed the present MC members. All the other Medical Committee members were present, but it was informed that Dr. Halse, couldn't participate, due to professional reasons.

##### **2. Short report of the actions taken since the last meeting in Vantaa**

- Ms. Bruun made a short recap of the activities taken by IFF in the field of anti-doping work stressing the impact of the new WADA Code.
- IFF participated in the WADA IF Forum in April in Lausanne, where the new WADA Code and the new implications were introduced.
- IFF has re-filled the WADA Compliance questionnaire and will have an answer in January 2009.
- IFF has started the out-of-competition testing, with all in total 10 tests conducted this year.
- IFF has also started using the WADA ADAMS-system for the TUE process and in the future we will additionally include the whereabouts information.

##### **3. IFF new Anti-Doping Regulations**

- IFF has worked with the new IFF Anti-Doping regulation, which WADA have approved as following the Code. The proposal will be put forward for the IFF General Assembly for approval.
- IFF has built a Guideline for the TUE's and the whereabouts. The proposal is to have a divided testing pool for the individual players (Registered Testing pool 1) and the for team whereabouts (Registered Testing pool 2). There will be 10 men and 10 women in the individual registered testing pool, based on the proposal from the national associations.
- The team testing pool will be for the top 4-6 countries.

##### **4. IFF Whereabouts Guidelines**

- Ms. Bruun explained how the IFF Whereabouts Guidelines have been changed in accordance with the new Code. The IFF has built the new IFF Whereabouts Guidelines, so that they are compliant with the new proposed IFF Anti-Doping Regulations.
- Since the IFF General Assembly will make the final decision about the regulations, the new registered testing pools will be up and running from the 15<sup>th</sup> of February.

##### **5. IFF TUE Guidelines**

- Ms. Bruun explained how the new IFF TUE Guidelines have been changed in accordance with the new Code. WADA has changed the TUE system when it comes to asthma, all players in the registered testing pool 1 need to have a TUE for asthma upfront, but all other players can apply for it retroactively if they are tested in our events.
  - It was discussed that there needs to be some help for the doctors how to fill-in the TUE forms, but this is really a task for WADA.
  - The Test Distribution Plan was discussed and it was found to be suitable.
  - The Medical Committee discussed how to deal with the TUE's concerning the present ATUE's for asthma medicine. It was agreed that IFF would inform all asthma ATUE players that the system will change and recommend to have all medical documents available
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## IFF – Medical Committee Report

### Report on present issues (cont.)

#### 6. *Upcoming issues*

- WADA has published the List of Prohibited substances, which the Medical Committee took cognisance of.
  - Mr. Liljelund informed about the upcoming IFF General Assembly.
  - Mr. Frey thanked Ms. Bruun and the IFF staff for a good work done helping the Medical Committee.
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### Upcoming meetings and issues

- The next Medical Committee meeting will be held in beginning of March, in order to live up to the possible issues put forward by WADA .
  - The Office will prepare a letter to be sent to the players with an ATUE, informing about the changes and recommending having their medical documents available.
  - Ms. Bruun to write a summary about the questions that still need to be asked from WADA and to send the summary first to the Medical Committee for possible additions and comments.
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### Issues that need to be discussed or decided upon or taken action upon

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### New ideas, etc...