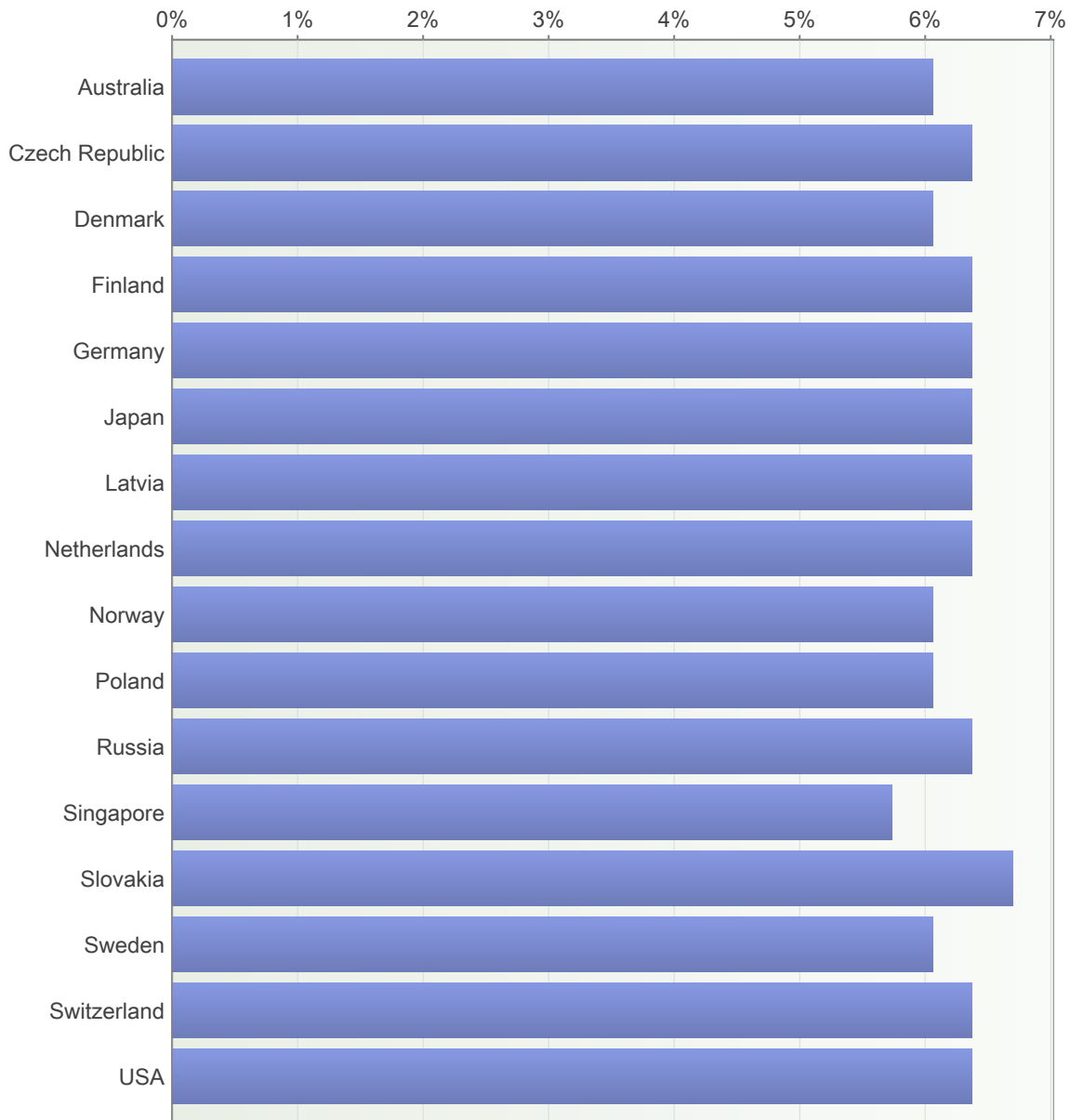




IFF A-D Education - Basic report edited for analysis purposes

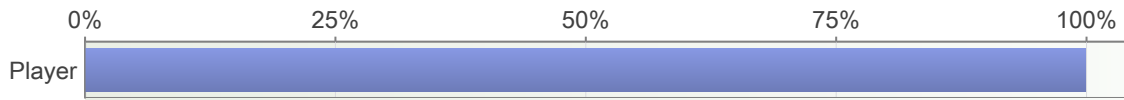
1. Team (country)?

Number of respondents: 314



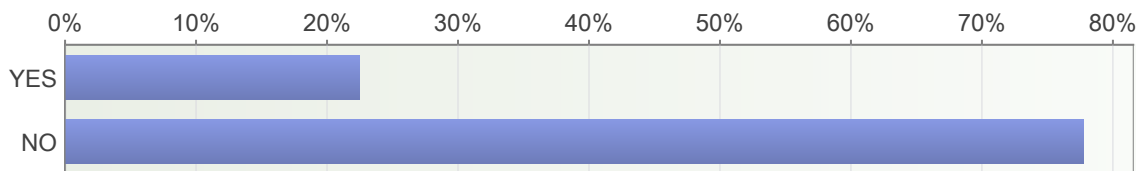
2. Role?

Number of respondents: 314



3. Previous Anti-Doping Education?

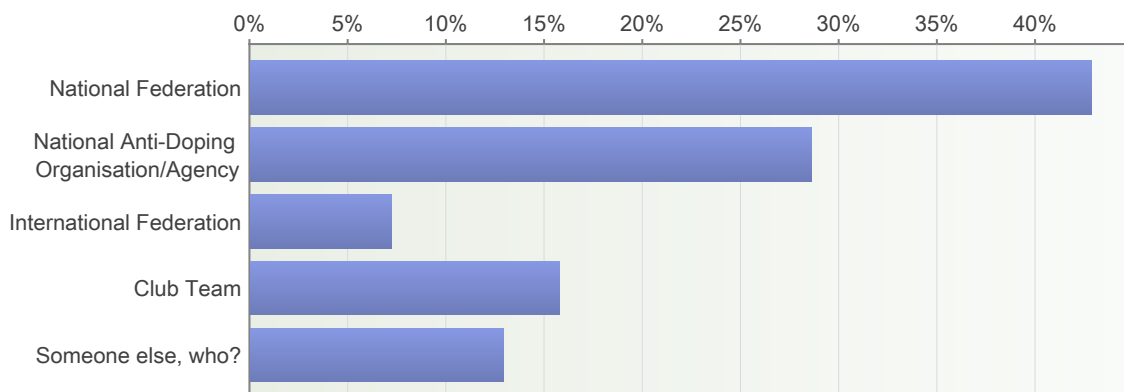
Number of respondents: 309



4. Who organised the activity?

choose the correct organisation (s)

Number of respondents: 70

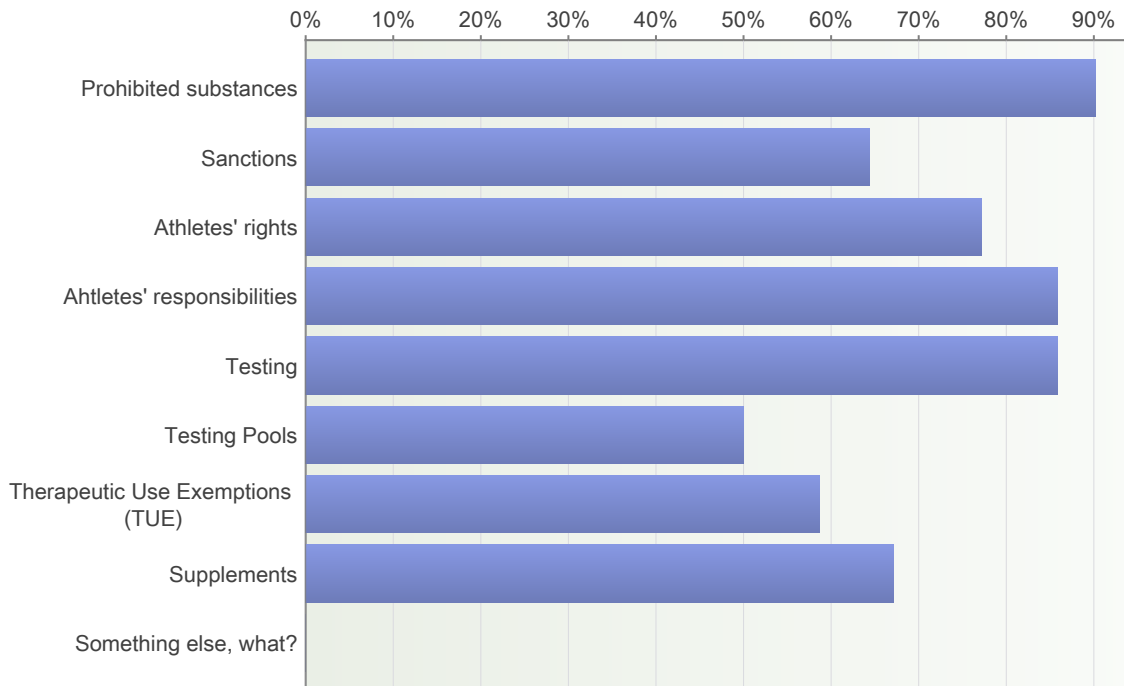




5. What was the Anti-Doping Education content?

Choose all the topics that were included

Number of respondents: 70





6. How important would it be for you to receive more education in the listed topics from a scale from 1-5?

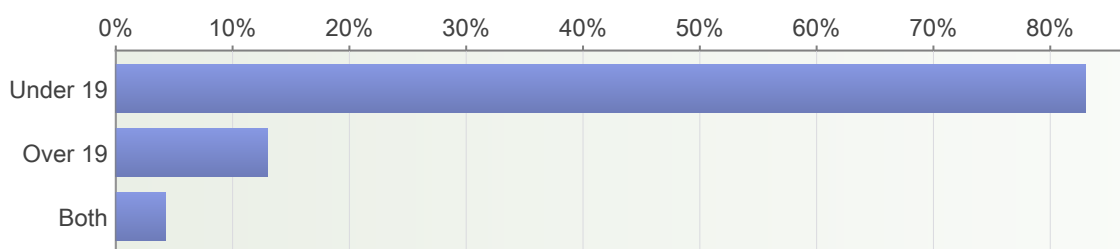
1= not at all important 2= not that important 3= somewhat important 4= important 5= very important ? = impossible to say

Number of respondents: 311

	1	2	3	4	5	?	Total	Average
Prohibited Substances	1.61%	5.14%	16.08 %	26.05 %	50.16 %	0.96%	308	4.19
Sanctions	4.82%	7.07%	26.37 %	31.83 %	27.65 %	2.25%	304	3.72
Athletes' rights	1.61%	3.55%	21.61 %	34.19 %	37.74 %	1.29%	306	4.04
Athletes' responsibilities	2.57%	2.25%	21.22 %	35.37 %	37.62 %	0.96%	308	4.04
Testing	2.89%	9.32%	32.15 %	31.19 %	23.79 %	0.64%	309	3.64
Testing Pools	2.25%	15.11 %	33.76 %	28.3% %	15.76 %	4.82%	296	3.42
Therapeutic Use Exemptions (TUE)	2.93%	8.14%	28.34 %	29.32 %	26.38 %	4.89%	292	3.72
Supplements	2.89%	3.86%	20.9% %	33.12 %	36.01 %	3.22%	301	3.99
Something else, what?	33.33 %	33.33 %	33.33 %	0% %	0% %	0% %	3	2
Total	2.8%	7%	25.67 %	31.89 %	32.63 %	0% %	2427	3.64

7. At what age do you think the education should be received

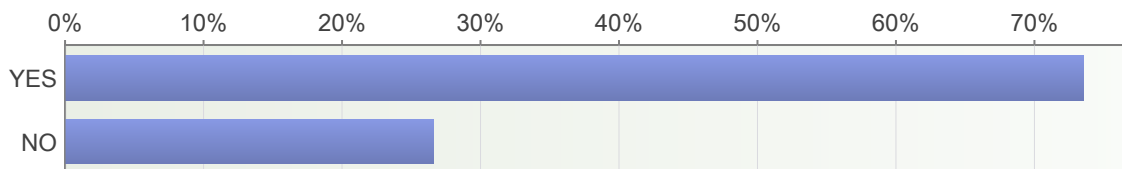
Number of respondents: 311





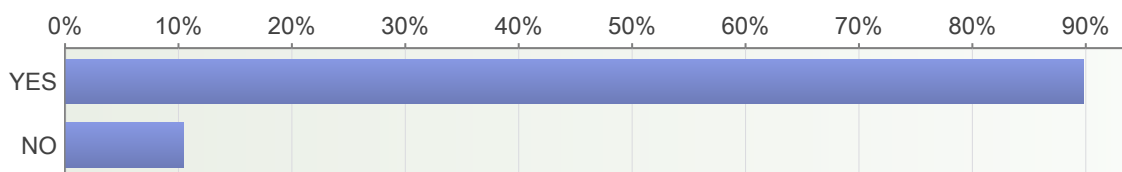
8. Would you understand Anti-Doping education in English?

Number of respondents: 309



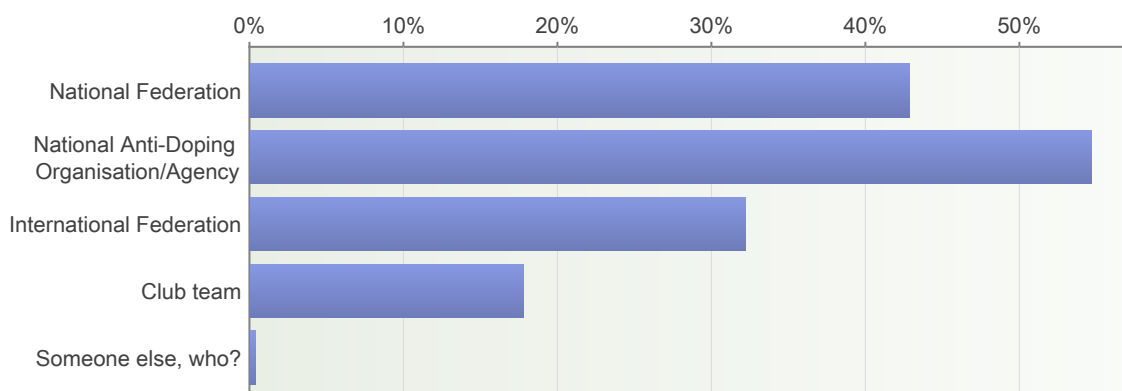
9. Would you prefer Anti-Doping education in your own language

Number of respondents: 301



10. Who do you think should organise the Anti-Doping education?

Number of respondents: 311





11. What sources would be important in delivering the education from a scale from 1-5?

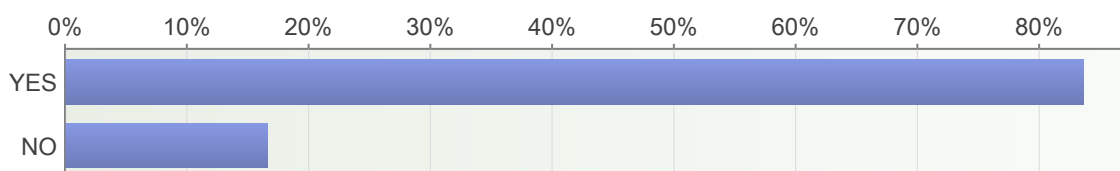
1= not at all important 2= not that important 3= somewhat important 4= important 5= very important ?= impossible to say

Number of respondents: 313

	1	2	3	4	5	?	Total	Average
E-learning Programmes	5.45%	10.9%	26.92 %	35.9%	18.91 %	1.92%	306	3.53
Face to face anti-doping sessions at Events	4.15%	7.35%	19.49 %	30.67 %	37.06 %	1.28%	309	3.9
Websites	5.47%	10.93 %	28.94 %	36.01 %	18.01 %	0.64%	309	3.5
Anti-Doping Newsletter	14.42 %	25.32 %	28.85 %	23.08 %	7.69%	0.64%	310	2.84
IFF Athletes' Commission member	8.65%	13.46 %	36.86 %	26.6%	11.86 %	2.56%	304	3.2
Team captains (who have been educated)	12.5%	17.95 %	24.36 %	26.28 %	17.31 %	1.6%	307	3.18
Athletes from other sports	18.65 %	22.19 %	28.94 %	19.61 %	8.04%	2.57%	303	2.76
Social media	10.29 %	12.22 %	32.8%	29.26 %	14.15 %	1.29%	307	3.25
Other channel(s), which?	0%	0%	25%	50%	25%	0%	4	4
Total	10.09 %	15.25 %	28.83 %	28.91 %	16.92 %	0%	2459	3.35

12. Do you use nutritional supplements?

Number of respondents: 304





13. If you use supplements, what supplements do you use and how important are they from a scale of 1-5?

1= not at all important 2= not that important 3= somewhat important 4= important 5= very important ?= impossible to say X= I don't use this

Number of respondents: 306

	1	2	3	4	5	?	X	Total	Average
Vitamins	3.95%	4.93%	16.45 %	23.03 %	30.26 %	0%	21.38 %	239	3.9
Minerals	6.54%	5.88%	13.07 %	18.63 %	23.53 %	0%	32.35 %	207	3.69
Fat burners	28.62 %	9.87%	5.26%	2.3%	0.99%	0.33%	52.63 %	143	1.66
Energy drinks	18.03 %	12.13 %	17.38 %	15.74 %	9.18%	0.33%	27.21 %	221	2.81
Energy bars	14.1%	11.48 %	24.92 %	14.75 %	5.9%	1.64%	27.21 %	217	2.82
Recovery drinks	6.93%	5.94%	16.83 %	22.44 %	15.18 %	1.65%	31.02 %	204	3.49
Extra protein	15.79 %	8.88%	15.79 %	10.86 %	6.58%	0.99%	41.12 %	176	2.72
Extra carbohydrate	16.84 %	10.44 %	10.1%	6.73%	2.69%	1.68%	51.52 %	139	2.32
Something else, what?	0%	0%	0%	100%	0%	0%	0%	1	4
Total	21.72 %	13.64 %	23.53 %	22.56 %	18.55 %	0%	0%	1547	3.04



14. How important are the different reasons for you to use supplements from a 1-5 scale?

1= not at all important 2= not that important 3= somewhat important 4= important 5= very important ?= impossible to say X= I don't use

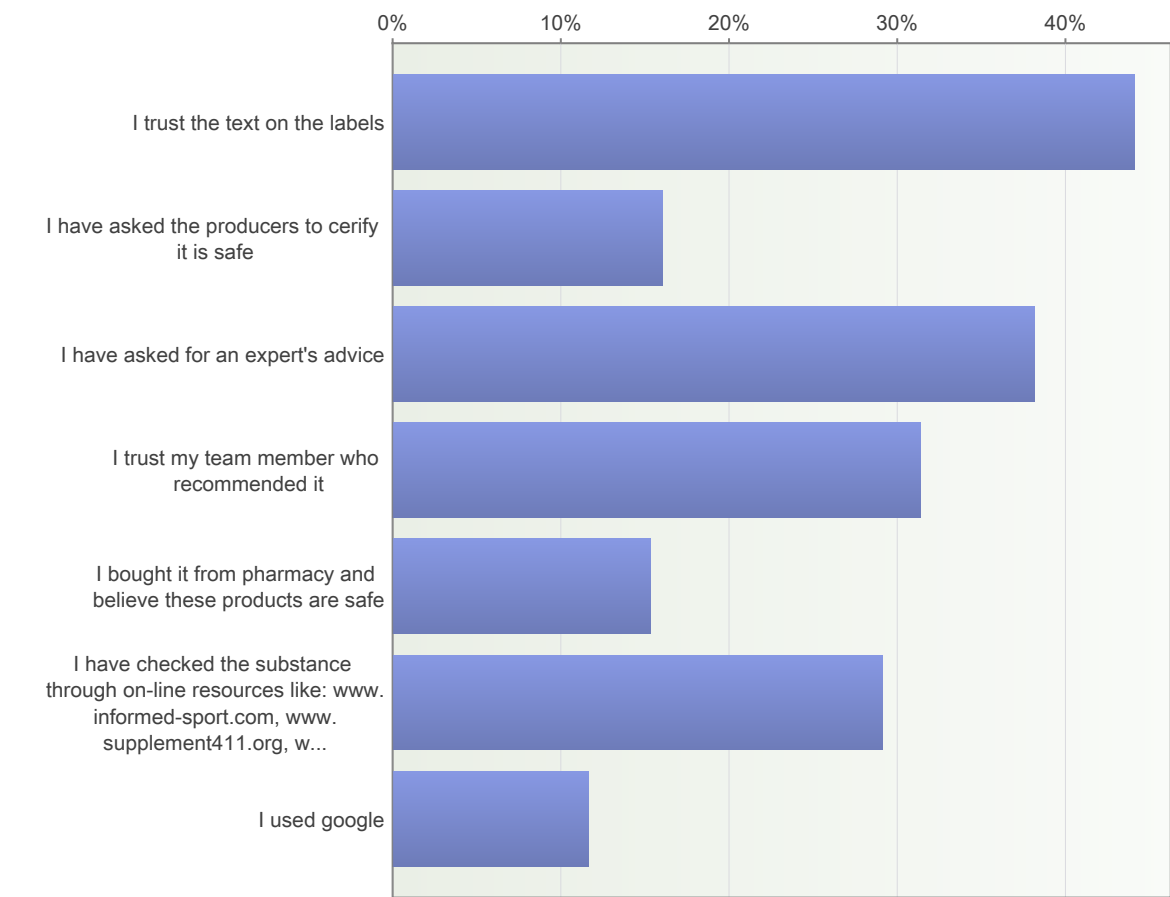
Number of respondents: 303

	1	2	3	4	5	?	X	Total	Average
I believe I need it	7.64%	7.97%	23.26 %	22.92 %	18.27 %	0.33%	19.6%	241	3.45
Someone else thinks I need it	26.78 %	11.86 %	14.24 %	11.53 %	6.44%	0.34%	28.81 %	209	2.42
Weight gain	37.2%	8.19%	7.85%	1.71%	0.34%	0%	44.71 %	162	1.55
Weight loss	32.65 %	9.52%	10.2%	3.74%	1.7%	0%	42.18 %	170	1.83
Recovery	2.66%	4.98%	9.3%	31.89 %	31.56 %	0.33%	19.27 %	242	4.05
I have a disease	31.38 %	6.9%	6.9%	6.9%	3.45%	0.34%	44.14 %	161	1.99
I take it just in case	22.26 %	13.01 %	15.41 %	9.25%	3.77%	0%	36.3%	186	2.36
Some other reason, what?	0%	0%	0%	50%	50%	0%	0%	8	4.5
Total	34.16 %	13.34 %	18.71 %	19.29 %	14.5%	0%	0%	1379	2.77



15. How do you know the supplement you are using does not contain any prohibited substance?

Number of respondents: 268



16. Do you want more Anti-Doping information by e-mail?

Number of respondents: 312

