

Anti-Doping Education Questionnaire		page 1		
Team (country):	X	<i>Player</i>	X	<i>Official</i>
Previous Anti-Doping Education	X	<i>YES</i>	X	<i>NO</i>
<i>mark/underline your answer</i>				
If yes, when was the last time (year & month)?				
Who organised the activity?	X	<i>National Federation</i>		
<i>mark the correct organisation(s)</i>		X	<i>National Anti-Doping Agency</i>	
	X	<i>International Federation</i>		
	X	<i>Club team</i>		
	X	<i>Someone else, who:</i>		
What was the content?	X	<i>Prohibited Substances</i>		
<i>mark all topics that were included in the previous anti-doping</i>		X	<i>Sanctions</i>	
<i>information and education session</i>	X	<i>Athletes' rights</i>		
	X	<i>Athletes' responsibilities</i>		
	X	<i>Testing</i>		
	X	<i>Testing Pools</i>		
	X	<i>Therapeutic Use Exemptions (TUE)</i>		
	X	<i>Supplements</i>		
	X	<i>Something else, what:</i>		
How important would it be for you to receive more education in the listed topics from a scale from 1-5				
<i>1=not at all important /2=not that important /3=somewhat important /4=important /5= very important /(?)=impossible to say</i>				
Prohibited Substances		1 2 3 4 5 (?)		
Sanctions		1 2 3 4 5 (?)		
Athletes' rights		1 2 3 4 5 (?)		
Athletes' responsibilities		1 2 3 4 5 (?)		
Testing		1 2 3 4 5 (?)		
Testing Pools		1 2 3 4 5 (?)		
Therapeutic Use Exemptions (TUE)		1 2 3 4 5 (?)		
Supplements		1 2 3 4 5 (?)		
Something else, what:		1 2 3 4 5 (?)		
At what age do you think the education should be received?	X	<i>Under 19</i>	X	<i>Over 19</i>
Would you understand anti-doping education in English?	X	<i>YES</i>	X	<i>NO</i>
Would you prefer anti-doping education in your own language?	X	<i>YES</i>	X	<i>NO</i>
<i>mark/underline your answers</i>				
Who do you think should organise the anti-doping education?	X	<i>National Federation</i>		
<i>(mark/underline the correct organisation(s))</i>		X	<i>National Anti-Doping Agency</i>	
	X	<i>International Federation</i>		
	X	<i>Club team</i>		
	X	<i>Someone else, who:</i>		
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What sources would be important in delivering the education from a scale from 1-5?			
1=not at all important /2=not that important /3=somewhat important /4=important /5= very important /(?)=impossible to say			
E-learning programmes		1 2 3 4 5 (?)	
Face to face anti-doping sessions at Events		1 2 3 4 5 (?)	
Websites		1 2 3 4 5 (?)	
Anti-Doping Newsletter		1 2 3 4 5 (?)	
IFF Athletes' Committee member		1 2 3 4 5 (?)	
Team captains (who have been educated)		1 2 3 4 5 (?)	
Athletes from other sports		1 2 3 4 5 (?)	
Social media		1 2 3 4 5 (?)	
Other channel(s), which:		1 2 3 4 5	
Do you use nutritional supplements?	X	YES	X NO
If you use supplements, what supplements do you use and how important are they from a scale from 1-5?			
1=not at all important/2=not that important/3=somewhat important/4=important/5= very important/(?)=impossible to say/(X)= I don't use this			
Vitamins		1 2 3 4 5 (?) (X)	
Minerals		1 2 3 4 5 (?) (X)	
Fat burners		1 2 3 4 5 (?) (X)	
Energy drinks		1 2 3 4 5 (?) (X)	
Energy bars		1 2 3 4 5 (?) (X)	
Recovery drinks		1 2 3 4 5 (?) (X)	
Extra protein		1 2 3 4 5 (?) (X)	
Extra carbohydrate		1 2 3 4 5 (?) (X)	
Something else,. What:		1 2 3 4 5 (?) (X)	
How important are the different reasons for you to use supplements from a 1-5 scale?			
1=not at all important/2=not that important/3=somewhat important/4=important/5= very important/(?)=impossible to say/(X)= I don't use this			
I believe I need it		1 2 3 4 5 (?) (X)	
Someone else thinks I need it		1 2 3 4 5 (?) (X)	
Weight gain		1 2 3 4 5 (?) (X)	
Weight loss		1 2 3 4 5 (?) (X)	
Recovery		1 2 3 4 5 (?) (X)	
I have a disease		1 2 3 4 5 (?) (X)	
I take it just in case		1 2 3 4 5 (?) (X)	
Some other reason, What:		1 2 3 4 5	
How do you know the supplement you are using does not contain any prohibited substances?	X	I trust the text on the labels	
(mark the correct answer(s))	X	I have asked the producers to certify it is safe	
	X	I have asked for an experts advice	
	X	I trust my team member who recommended it	
	X	I bought it from pharmacy and believe these products are safe	
	X	I have checked the substance through on-line resources like:	
	X	www.informed-sport.com www.supplement411.org www.consumerlab.com	
	X	I used google	
Do you want more Anti-Doping Information by e-mail?	X	YES	X NO
		E-mail address:	
THANK YOU FOR YOUR TIME!			