

Appendix 34a

Anti-Doping Guidelines for IFF Events



Edition 2015



General Information to athletes and athlete support personnel

- You are responsible for knowing what the anti-doping rule violations are.
- You must find out which substances and methods are prohibited.
- Ignorance is no excuse.
- You must be aware of the IFF Anti-Doping Rules.
- Athletes are responsible for anything found in their system.
- You must be aware of the sanctions that could be applied to you.

Information about Therapeutic Use Exemption (TUE)

During the IFF Events (WFC, U19 WFC, CC, EFC and all Qualification Events) there could be doping control carried out. The players who use medications that fall under the Prohibited List must have a valid Therapeutic Use Exemption form.

For substances and methods on the Prohibited List

Floorball players, like other athletes, may have illnesses or conditions that require them to take particular medications. If the medication that an athlete is required to take to treat an illness or condition happens to fall under the Prohibited List, a Therapeutic Use Exemption will give the athlete the authorization to take the needed medicine. Athletes may apply for a TUE for any treatment involving a substance or method on the Prohibited List.

Where the player already has a TUE granted by his or her National Anti-Doping Organisation (NADO) for the substance or method in question, that TUE is automatically valid for IFF Events provided that such TUE decision has been reported in accordance with Article 5.4 of the International Standard for Therapeutic Use Exemption and therefore are available for review by WADA (reported through ADAMS). The IFF still recommends that players with a valid NADO TUE send the copy of the TUE receipt to the IFF.

Medical evidence needed to support the diagnosis

There needs to be objective medical evidence to confirm the diagnosis and the need for treatment with a prohibited substance. This medical evidence must be sent together with the TUE application. All medical evidence must be in English.

TUEs for IFF Events

All international level players entering an official IFF event: World Floorball Championships (WFC), U19 World Floorball Championships (U19 WFC), Champions Cup (CC), EuroFloorball Cup (EFC) and WFC Qualifications (WFCQ) - who use prohibited substances and/or methods, must fill the TUE Form and submit the Application to the IFF or the National Anti-Doping Organisation (NADO).



INTERNATIONAL FLOORBALL FEDERATION (IFF)

In addition, national team players who are part of the IFF Registered Testing Pool, which includes players from the top three nations based on the previous WFC results during the WFC year (men: even years, women: uneven years), must also have a valid TUE if they are using prohibited substances and/or methods.

Submission of TUEs

The player should fill in the Therapeutic Use Exemption form with their physician. The completed TUE forms must be submitted to the IFF Head Office at least 30 days before the event. All documents (TUE form and medical evidence attachments) must be written in English.

All TUE applications sent to the IFF will be reviewed by the IFF Medical Committee. If approved, the athlete can begin treatment after receiving the authorization notice from the IFF (except in rare cases of an acute life threatening condition for which a retroactive approval may be considered).

Sanction fee for late TUE applications

The TUE applications need to be sent to IFF at least **30 days** in advance of the IFF event. The sanction fee for the late incoming TUE applications is 100 CHF/application. The sanction fee shall be paid by the Member Association (WFC) or Club team (CC & EFC) of the applying athlete.

Validity & Recognition of granted TUE's

After IFF Medical committee has reviewed a TUE application and granted a permission to use a prohibited substance or method, the athlete will receive a TUE certificate from the IFF. The athlete should carry a copy of the certificate with him/her in all floorball matches. The certificate should be presented to the doping control officer at the time of testing.

Where the player already has a TUE granted by his or her National Anti-Doping Organisation (NADO) for the substance or method in question, that TUE is automatically valid for IFF Events (provided that such TUE decision has been reported in accordance with Article 5.4 of the International Standard for Therapeutic Use Exemption and therefore are available for review by WADA).

All TUE's are granted for a limited period of time. At least 30 days before the expiry date, a new TUE application must be sent to the IFF together with up-to-date medical evidence. The validity of the TUE is dependent on the prohibited substance or method, but normally TUE's are valid for 2 - 4 years.

How to apply for a TUE?

➤ Download and fill in the IFF TUE form with the physician

- The TUE form can be found from IFF web page under Materials or Anti-Doping
- The TUE form requires both the athlete's and the physician's signature



INTERNATIONAL FLOORBALL FEDERATION (IFF)

- **The TUE form must be accompanied by medical evidence:**
 - A statement by an appropriate qualified physician, attesting to the need for the player to use the prohibited substance in question for Therapeutic reason
 - A comprehensive medical history, including documentation from the original diagnosing physician(s) (where possible) and the results of all examinations, laboratory investigations and imaging studies relevant to the application.
- **Send the completed TUE form together with the medical evidence to the IFF**
 - TUE's can be sent to the IFF by fax, e-mail or post (see contacts below)

Testing

At its International Events, IFF shall determine the number of finishing tests, random tests and target tests to be performed. In order to ensure that Testing is conducted on a No Advance Notice Testing basis, the Athlete selection decisions shall only be disclosed in advance of Testing to those who need to know in order for such Testing to be conducted (see 5.8. of the IFF Anti-Doping Rules)

The WADA Technical Document for Sport Specific Analysis (TDSSA) is intended to ensure that the prohibited substances and methods within the scope of the TDSSA that are deemed to be at risk of abuse in certain sports/disciplines are subject to an appropriate and consistent level of analysis by all ADOs that conduct Testing in those sports/disciplines. Compliance with the TDSSA is mandatory under the WADC2015.

From the *Prohibited List*, the prohibited substances that are within the current scope of the TDSSA are: Erythropoiesis Stimulating Agents (ESAs), Insulins, Human Growth Hormone (hGH), Growth Hormone Releasing Factors (GHRFs). The prohibited substances within the scope of the TDSSA cannot be tested through a routine standard urine analysis and require specialized analysis methods (which may include collecting & analysing both urine and blood samples). More TDSSA information: <https://www.wada-ama.org/en/resources/the-code/tdssa-technical-document-sport-specific-analysis>

Education

IFF may decide to request Athletes to perform educational activities before and/or during their participation to selected events (World Floorball Championships etc.). The National Federations with Athletes who have not performed the educational activities may be asked to provide valid justifications to have failed to participate in the educational activity. The IFF evaluates those justifications on a case by case basis and may decide to request to impose disciplinary sanctions if deemed appropriate.

More information

More information and answers to Anti-Doping related questions can be asked from **IFF Office** by e-mail or phone (see contact information below).

Anti-Doping information can also be found on:

- **IFF web page** www.floorball.org under *Anti-Doping*
- **Instructions for players using asthma medication:**
www.floorball.org/pages/EN/Instructions-for-Asthma-medication
- **WADA web page** www.wada-ama.org under *World Anti-Doping Code*



INTERNATIONAL FLOORBALL FEDERATION (IFF)

- **WADA Prohibited substances list** (*WADA web page → Prohibited List*)
- **Download the IFF TUE form** (*IFF web page → Anti-Doping → Therapeutic Use Exemption*)
- **IFF Anti-Doping Rules** (*IFF web page → Anti-Doping → Rules & Regulations*)
- **Links to National Anti-Doping agencies** (*WADA web page → Anti-Doping community → NADO's*) www.wada-ama.org/en/who-we-are/anti-doping-community/national-anti-doping-organizations-nado
- **Supplement information** (USADA): www.supplement411.org/supplement411
- **Doping Control Process:** www.wada-ama.org/en/resources/doping-control-process/the-doping-control-process-for-athletes
- **Links to Drug databases for checking substances** (only guidelines), for example Antidoping Switzerland (4 languages), Australian Anti-Sports Doping Authority and Global Drug Reference Online:
 - <https://checksubstances.asada.gov.au>
 - www.antidoping.ch/en/medicine-substances-and-methods/swiss-drugs-inquiry
 - www.globaldro.org