PANATHLON INTERNATIONAL



Ludis lungit

## **CHARTER OF DUTIES OF PARENTS IN SPORT**

1. THE CHOICE OF THE FAVOURITE DISCIPLINE IS UP TO MY CHILDREN IN TOTAL AUTONOMY AND WITHOUT CONDITIONINGS ON MY PART.

2. MY DUTY IS TO VERIFY THAT THE SPORTS ACTIVITY IS FUNCTIONAL AT THEIR EDUCATION AND THEIR PSYCHOPHYSICAL GROWTH, HARMONISING THE TIME OF SPORT WITH SCHOOL COMMITMENTS AND WITH A SERENE FAMILY LIFE.

3. I WILL AVOID UNTIL THE AGE OF 14 ANY HEAVY COMPETITIVE ACTIVITIES, EXCEPT FOR TRAINING DISCIPLINES AS THE ARTISTIC GYMNASTICS, FAVORING THE PLAYFUL AND RECREATIONAL SPORT.

4. I WILL FOLLOW THEM WITH DISCRETION, WITH THEIR CONSENT, IF IT IS NECESSARY TO HELP THEM TO HAVE WITH THE SPORT A BALANCED RELATIONSHIP.

5. I WILL NOT ASK COACHES OF MY CHILDREN ANYTHING THAT DOES NOT MEET THEIR MERITS AND THEIR POTENTIALITIES.

6. I WILL TELL MY CHILDREN THAT IF THEY WANT TO BE GOOD SPORTSMEN AND FEEL HAPPY IN LIFE, IT IS NOT NECESSARY TO BECOME CHAMPIONS.

7. I WILL REMIND THEM THAT ALSO THE DEFEATS HELP TO GROW BECAUSE THEY SERVE TO BECOME WISER.

8. I WILL SHOW THEM THE VALUES OF PANATHLON AS ETHICS FOUNDATION TO FACE UP TO A FAIR AND SPORTS EXPERIENCE.

9. FOR THEIR HOMECOMING, I WILL NOT ASK THEM IF THEY HAVE WON OR LOST BUT IF THEY FEEL BETTER. I WILL NOT ASK HOW MANY GOALS THEY SCORED OR CONCEDED OR WHICH RECORD THEY HAVE BEATEN, BUT IF THEY ENJOYED.

10. I WANT TO LOOK AT MYSELF IN THEIR EYES EVERY DAY AND FIND MY YOUNG SMILE.