## IFF Report from the WADA IFs Symposium and WADA Education Committee meeting

# WADA Symposium 2014 Lausanne, 25-26 March

Key elements of Code 2015 implementations for ADOs - Roundtable

- · Change of mind-set: quality over quantity
- RTP flexibility, re-definition
- More cooperation & partnerships needed
  - Athlete passports (Blood & Steroid)
  - o APMU needed?
- Investigations & Intelligence as mandatory
  - o Model rules not require much action, start with small steps
- Automatic recognition of TUEs possible
- Education as mandatory part in the Code
  - o Value based education, not only information

### New Technical Document (TDSSA)

- Document gives the amount of minimum level of analysis based on risks in each sport
  - Physiological risks & performance enhancing benefits
  - Apply % level to the tests
  - Other risk factors tbd by ADOs
  - TDSSA to be reviewed annually
- Exceptions can be given by WADA (need to apply)
- TDSSA Timeline
  - 30 April draft version with level sent to ADOs
  - 30 May IF feedbacks
  - July 2014 final draft to ADOs -> Plan 2015 Testing and new guidelines
  - October 2014 Sport Risk Profiles for ADOs to be published
- What can ADOs decide
  - Determine IC and OOC
  - Determine athletes
  - Determine timing
  - All based on risk assessment TDP
  - Less extensive menus only if approved by WADA & labs may analyse for more
- Impacts
  - May result in reduced number of tests
  - WADA will monitor via ADAMS
  - Labs to publish prices

Badminton World Federation (BWF) example – preparing for new Code & International Standards

• 180 MAs, 22 staff 224 USD Anti-doping budget, 67 in RTP, 436 urine samples, external anti-doping expertise (for physiological risk assessment etc.), 2014 tests: IC: 350, OOC: 140

### WADA resources for to support Code implementation

- International standards & Guidelines
- Guidelines for implementing effective testing programs -> July 2014
- Major Events planning and operations Guidelines (also World Championships)
- TUE Guidelines -> July 2014
- Athlete Guide to the 2015 Code
- Results Management Guidelines -> Late June 2014
  - All inclusive document to deal with any potential ADRV

### Steroidal Module & Biological Passport

- ABP in 2014: cycling, skiing, athletics, skating, rowing + 20 NADOs
- 340 athletes sanctioned between 2008-2013 without adverse analytical findings
- Longitudinal monitoring of T/E ratios, inter-individual variations 20 times larger than intra-individual variations
- Automatic calculation on ADAMS
- All urine tests include a steroid profile
- Atypical passports findings, automatic to IRMS confirmation
- IRMS negative or inconclusive, needs follow-up evaluation by APMU and experts
- Costs: urine tests + costs of expert evaluation from ADO or APMU
- 8 APMUs currently exists for steroid module

## Intelligence & Investigations

- Practical: last minute whereabouts, competition schedule, SOME, improvements, athlete entourage,
  DCO comments, NADO information
- Data sharing
- IFs need someone in charge of intelligence & investigations

## WADA Education Committee meeting Montreal, April 3-4 2014

Education will be more emphasized in the new 2015 WADA Code. The primary goal of education programs is prevention.

WADA has launched the Athlete E-Learning Program about Health & Anti-Doping: ALPHA http://alpha.wada-ama.org

- Designed to give information about the dangers of doping and the importance of anti-doping controls
- In order to receive a certificate, all sections are to be completed, as well as the post-course Attitude Survey and the final exam.
- The following things are need completion in this course to get your certificate:
  - Take the pre-test
  - Reflect on your values
  - Complete eight sessions
  - Take the post-test and achieve a score of 80% or better
- The course takes about two hours to complete.
- You can take the course in several stages, because your progress will be saved from one visit to another.

## Coach True

The on-line coach anti-doping education tool to be updated in 2015

Anti-doping organisation online resources

To target ADO people, daily reference tool -> 1<sup>st</sup> version out in the beginning of 2015

## WADA Model Rules for Information and Education

- IFs to identify the gaps and then stress the fields where there are gaps
- Information and Education Plan needs to be developed
- Information and Education not separate, but education refers to more long-term goals that are value based

#### IFF TO DOs

- Risk Assessment Floorball done
- Provide evaluation of type of sport
- Plan IFF Testing Program based on TDSSA document
- Promote new WADA tool ALPHA (Athletes Commission, RTP athletes)
- Plan best RTP model, consult partners
- Plan IFF TUE model
- Plan IFF Anti-doping Education Program



- IFF Anti-Doping Regulations 2015 edition draft
- Investigate need of Steroid & Blood passports, APMU