

**Appendix 12** 

## IFF Report from the WADA IFs Symposium and WADA Education Committee meeting

WADA Symposium 2013 Lausanne, 18-20 March

2012 Symposium outcomes (Frederik Donze)

- Optimise limited resources through partnership and more effective strategies
- Now:
  - From Compliance to better practices
  - o Athlete Biological Passport, now for blood and soon also steroid module for urine
  - o Intelligence & Investigations
  - Whereabouts Mobile App

Where is the fight against doping in 10 years and where could it go (Davis Howman, WADA Director General)

- Further develop valued based education programs, not only information
- Team sports need to test more, good example National Baseball League test all players in all teams: 3 urine + 1-2 blood/year
- Focus for Next Code Compliance (end of 2015)
  - o Better practice programs
  - EPO & Blood testing
  - o Intelligence testing & Investigations
  - Education activities
    - = ADOs (IFs, NADOs etc.) need to be ready for this with enough human resources and money

World Anti-Doping Code Review (Richard Young) - Overview of Main Changes

- More flexibility, tougher on the real cheats
- 2 years in principal (4 years for certain substances), reduction if no signified fault or substantial assistance.
- New Prohibited Association ADRV (Art. 2.10). Necessary that the athlete is advised in writing of the support personnel's disqualifying status (warning first).
- Full Menu testing (Art. 6.4). Intelligent testing also for what you test for. IF to sit down with WADA for a particular sport (otherwise full menu, every method (urine & blood) and every substance (EPO, growth hormone). Collaboration between designated WADA group and IF and NADOs and experts brought in by WADA to analyse the necessary substances for each sport and come up with a document (target might be 20-30% blood, EPO same). Minimum requirements that have to be met to reach compliance. Higher cost per sample (reduce samples?). The RTP 1 test requirements will be minimum three tests/athlete/year.



• Education strengthened (Art. 18). ADO programs should include provision of information but also value-based education for athletes and athlete support personnel.

## Possible implications for the IFF:

- Like all the other Anti-Doping organisations we need to be prepared to conduct some amount of blood testing and EPO/Growth hormone analysis.
- At the same time, there is a risk that we can't reduce the amount of tests for saving money. In 2015 we need to test each RTP1 player at least 3 times/year (now we test 1-2 times).
- Athlete Biological Passport is unlikely to be achieved with the current resources (needs to be experts
  to analyse the blood files and profiles). Possible cooperation with for example Sport Accord if the
  Biological Passport becomes a mandatory tool. This would still require more resources.
- Need to focus even more on education.

## WADA Education Committee meeting Montreal, April 25-26 2013

Education will be more emphasized in the new 2015 WADA Code. The primary goal of education programs is prevention.

WADA has launched new tools in order to assist the stakeholder's education efforts:

- Coach True, Computer-based anti-doping learning tool available in eight languages:
   <a href="http://coachtrue.wada-ama.org/">http://coachtrue.wada-ama.org/</a>. Including Who Wants to Play True, a fun way for coaches to test their knowledge of anti-doping issues.
  - Has been used by the IFF in some of the IFF Development seminars and has been promoted every now and then through the IFF communication channels, but could be used more by IFF members.
- Digital Library. The Library was launched in June 2012 to make WADA's education and information tools more accessible.
  - Has been promoted by the IFF
- Play True Quiz. WADA's Play True Quiz is an interactive computer game that tests athletes' knowledge about anti-doping.
  - o Has been used by the IFF during the IFF Events with the IFF Say NO! to Doping stands
- Play True Challenge for youth. A computer simulation (game) that has two sides: sport and life. Available in Arabic, Chinese, English, French, German, Italian, Japanese, Korean, Portuguese (Brazil), Spanish, and Russian.
  - Could be promoted by the IFF
- Dangers of Doping Leaflet for Youth. The Dangers of Doping Leaflet explains why doping is a concern beyond being against the rules of sport.
  - o Used by the IFF in the WFC 2012 and MU19 WFC 2013



- Play True Athlete Education Program is nearing completion. The aim with the tool is to modify attitudes, in order to have an impact on intentions to dope.
  - o IFF to give feedback before the launch of the tool. Promote the tool once its launched and look for the possibility to use it.