

International Floorball Federation

Anti-Doping Guidelines for IFF Events



Edition 2012



General Information

During the IFF Events (WFC, U19 WFC, CC, EFC and Qualifications) there will be doping control carried out. The players, who use medications that fall under the Prohibited List, must fill in the Therapeutic Use Exemption form with their physician. The completed TUE forms must be submitted to the IFF Head Office at least 30 days before the event. All documents (TUE form and medical evidence attachments) must be written in English.

Information about Therapeutic Use Exemption (TUE)

For substances and methods on the Prohibited List

Floorball players, like other athletes, may have illnesses or conditions that require them to take particular medications. If the medication that an athlete is required to take to treat an illness or condition happens to fall under the Prohibited List, a Therapeutic Use Exemption will give the athlete the authorization to take the needed medicine. Athletes may apply for a TUE for any treatment involving a substance or method on the Prohibited List.

Medical evidence needed to support the diagnosis

There needs to be objective medical evidence to confirm the diagnosis and the need for treatment with a prohibited substance. This medical evidence must be sent together with the TUE application. Medical evidence shall include complete medical history (for example onset of the disease, family history, triggers, severity, etc.), results of all examinations and laboratory investigations and/or the imaging studies.

Required in official IFF Events

All international level players (players in the IFF Registered Testing pool 1) or players entering in an international IFF event (World Floorball Championships (WFC), U19 World Floorball Championships U19WFC), Champions Cup (CC), EuroFloorball Cup (EFC) and Qualifications) who use prohibited substances and/or methods, must fill the TUE Form and submit the Application to the IFF. IFF is responsible for accepting applications and granting the certificates. All TUE applications will be reviewed by the IFF Medical Committee. If approved, the athlete can begin treatment after receiving the authorization notice from the IFF (except in rare cases of an acute life threatening condition for which a retroactive approval may be considered).

Sanction fee for late TUE applications

The TUE applications need to be sent to IFF at least **30 days** in advance of the IFF event. The sanction fee for the late incoming TUE applications is 100/CHF/application. The sanction fee shall be paid by the Member Association (WFC) or Club team (CC & EFC) of the applying athlete.



INTERNATIONAL FLOORBALL FEDERATION (IFF)

Validity of granted TUE's

After IFF Medical committee has reviewed a TUE application and granted a permission to use a prohibited substance or method, the athlete will receive a TUE certificate from the IFF. The athlete should carry a copy of the certificate with him/her in all Floorball matches. The certificate should be presented to the doping control officer at the time of testing.

All TUE's are granted for a limited period of time. At least 30 days before the expiry date, a new TUE application must be sent to the IFF together with up-to-date medical evidence. The validity of the TUE is dependent on the prohibited substance or method, but normally TUE's are valid for 2 - 4 years.

All TUE's granted by IFF are valid in the different national leagues around the world.

How to apply for a TUE?

- **Download and fill in the IFF TUE form with the physician**
 - The TUE form requires both the athlete's and the physician's signature
 - The TUE form can be found from IFF web page under Materials or Anti-Doping
- **Gather required medical evidence**
 - Complete medical history (including onset of the disease, family history, triggers, severity)
 - Results of all examinations
 - Laboratory investigations and/or the imaging studies
- **Send the completed TUE form together with the medical evidence to the IFF**
 - TUE's can be sent to the IFF by fax, e-mail or post (see contacts below)

Instructions for players using asthma medication

All **inhaled glucocorticosteroids** are permitted out of competition and require declaration of use for in competition use (for example in IFF events). **Salbutamol** and **salmeterol** as well as **formoterol** are permitted in competition and out of competition in dosages considered to be appropriate for the treatment of asthma (see below). **Terbutaline** requires a full TUE (with medical evidence).

Asthma medication declared on the doping control form

The use of **salbutamol**, provided the level in the urine is less than 1000 ng/ml (dosage guideline max. 1600 µg/24 h), **salmeterol** by inhalation and **formoterol** by inhalation (max. 36 micrograms taken over 24 hours) do not require a TUE, but should be declared on the doping control form at the time of testing. These substances when used in other ways, for example orally (tablets), are still prohibited and require TUE's.

Inhaled Asthma medications that include **salbutamol** are: *Airomir, Atrodual, Buventol, Ipramol, Salipra, Ventilastin* and *Ventoline*. Inhaled Asthma medications that include **salmeterol** are: *Seretide* and *Serevent*. Inhaled Asthma medications that include **formoterol** are for example: *Foradil, Formoterol, Innovair, Oxis* and *Symbicort*.



INTERNATIONAL FLOORBALL FEDERATION (IFF)

Inhaled Glucocorticosteroids do not require a Therapeutic Use Exemption (TUE), but should be declared on the doping control form at the time of testing.

Asthma medication requiring a TUE

Beta-2 agonists e.g. **terbutaline** is prohibited and require a Therapeutic Use Exemption (TUE). The request for a TUE should include a complete medical file with a clear explanation of why an alternate medication is being prescribed.

Summary of requirements for the medical file in case of asthma (attach to TUE application):

- 1) A complete medical history
- 2) A comprehensive report of the clinical examinations with specific focus on the respiratory system
- 3) A report of spirometry with the measurement of the Forced Expiratory Volume in 1 second (FEV1)
- 4) If airway obstruction is present, the spirometry will be repeated after inhalation of a short acting Beta-2 agonist to demonstrate the reversibility of bronchoconstriction
- 5) In the absence of reversible airway obstruction, a bronchial provocation test is required to establish the presence of airway-hyper responsiveness

It should be noted that, at least for 2012, the intent is not to deny the use of alternate Beta-2 agonists because there is now a permitted substitute (salbutamol/salmeterol/formoterol), particularly where a treatment regimen has already been established. For athletes newly diagnosed with asthma, permitted Beta-2 agonists should be considered as primary treatments unless otherwise justified.

Examples of Beta-2 agonists including **terbutaline**: *Bricanyl* and *Terbasmin*.

Instructions for players using Glucocorticosteroids

Systemic glucocorticosteroids are prohibited **in competition only**.

Glucocorticosteroids requiring a TUE

All glucocorticosteroids are prohibited in competition when administered by **oral, intravenous, intramuscular** or **rectal routes** and require a TUE.

Glucocorticosteroids declared on the doping control form

Glucocorticosteroids used by **intraarticular, periarticular, peritendinous, epidural, intradermal** and **inhalation routes** do not require a Therapeutic Use Exemption (TUE), but should be declared on the doping control form at the time of testing.

Permitted Glucocorticosteroids

Topical preparations when used for **auricular, buccal, dermatological** (including iontophoresis/phonophoresis), **gingival, nasal, ophthalmic** and **perianal disorders** are not prohibited and require neither a TUE nor a declaration.



Instructions about Pseudoephedrine

WADA has reintroduced **pseudoephedrine** (PSE) to the Prohibited List as a specified stimulant prohibited in-competition at a urinary threshold of 150µg/mL. **Pseudoephedrine** is commonly used for treating allergic nasal catarrh (flu). The established threshold levels may be reached (rarely, but possibly) by some individuals within 6-20 hours of intake of some long-lasting therapeutic formulations.

Advise athletes to stop taking PSE pills at least 24 hours before competition.

For therapeutic applications during the In-Competition period, consider the use of alternative permitted medications upon previous consultation with a physician, or apply for a Therapeutic Use Exemption (TUE) for the use of PSE for therapeutic purpose(s).

Pseudoephedrine products are for example: *Aerinaze, Cirrus and Duact*.

Read carefully the contents on the medication packaging of any preparation as the ingredients may vary from country to country.

More information

More information and answers to Anti-Doping related questions can be asked from **IFF Office** by e-mail or phone (see contact information below).

Anti-Doping information can also be found from web:

- IFF web page www.floorball.org under *Anti-Doping*
- WADA web page www.wada-ama.org under *World Anti-Doping Code*

Useful links

- **WADA Prohibited substances list** (*WADA web page → Quick links → Prohibited List*)
<http://www.wada-ama.org/en/World-Anti-Doping-Program/Sports-and-Anti-Doping-Organizations/International-Standards/Prohibited-List/>
- **Download the IFF TUE form** (*IFF web page → Anti-Doping → Therapeutic Use Exemption*)
http://windows3.salibandy.net/Materiaalit/Therapeutic%20Use%20Exemption%20Form_TUE.pdf
- **IFF Anti-Doping Regulations** (*IFF web page → Anti-Doping → Rules & Regulations*)
<http://windows3.salibandy.net/Liitetiedostot/Antidoping/2010%20IFF%20Anti-Doping%20Regulations.pdf>
- **Links to National Anti-Doping agencies** (*WADA web page → Anti-Doping community → NADO's*)
<http://www.wada-ama.org/en/Anti-Doping-Community/NADOs/List-of-NADOs/>
- **Links to Drug databases for checking substances** (only guidelines), for example Antidoping Switzerland (4 languages) and Australian Anti-Sports Doping Authority:
<http://www.antidoping.ch/en/drugdb/> &
<https://checksubstances.asada.gov.au/>